

SPA

by

KLINIKA
LA PERLA



MENU SPA by Klinika La Perla
ENGLISH

phone: +48 661 880 889

rogowo@klinikalaperla.pl

www.klinikalaperla.pl | www.hotelshellter.pl

A SPA like you've never seen before...

In the spirit of longevity & good life – inspired by the richness of local nature and the latest longevity research – we create unique, signature beauty and wellness rituals.

In the spirit of #longevity #goodlife



SPA by Klinika La Perla offers a one-of-a-kind range of treatments that combine traditional relaxation and therapeutic methods with cutting-edge cosmetology technologies. Our philosophy is rooted in a holistic approach to skincare and wellbeing - where innovation meets the healing power of nature to deliver exceptional experiences.

Drawing from the richness of our local environment and the latest scientific insights into longevity, we develop original, tailor-made rituals – every treatment is unique.

With a personal and attentive approach, we ensure the highest standard of care for each guest. Our new SPA concept is designed for conscious, physically active individuals who take care of their bodies every day and seek new ways to enhance physical performance, accelerate recovery, and reduce the effects of micro-injuries.

Please contact us for reservations.

telefon: +48 661 880 889

Regional Rituals

Inspired by the richness of local nature, we create proprietary skin care routines based on herbs and minerals specific to the region. The use of nature's bounty provides our clients with a unique experience. Each treatment is unique. Our care and individual approach allow us to provide the highest standard of service.

Regional Face Ritual

Pasychandra Ritual

580 PLN | 70 min

An exclusive, rejuvenating facial treatment, deeply regenerating, improving skin tension and making it velvety smooth. Performed with regional, sensory-soothing natural goods. Performed with regional, sensory-soothing natural goods based on amber acid.

Regional Body Ritual

Pinus Contorta Ritual

550 PLN | 70 min

Original manual ritual for the body based on natural ingredients. Soothes the senses, relaxes and deeply relaxes. Created on the basis of amber, algae and pine.



Traditional treatments relaxation

The main task is to eliminate muscle tension caused by daily stressful situations, revitalize the skin with the help of massage, with the use of skin-improving cosmetics and aromatherapy.

Body Massages

Classic, Relaxing Massage

270 PLN | 25 min one area

320 PLN | 40 min two areas

370 PLN | 55 min without body peel

430 PLN | 70 min with body peel

Perfect solution to remove physical and mental tiredness.

Warm Classic Massage

390 PLN | 55 min without body peel

450 PLN | 70 min with body peel

Warm candle massage with aromatherapy. Revitalizes and relaxes.

Classic Volcanic Stone Massage

390 PLN | 55 min without body peel

450 PLN | 70 min with body peel

Deep relaxation, eases tense muscles throughout your body.

Sports Massage

420 PLN | 55 min

Intensive, manual massage, perfect for tense muscles.

Face Massages

Kobido Touch Massage

480 PLN | 45 min

550 PLN | 60 min

650 PLN | 75 min enhanced with a biocellulose mask

A traditional Japanese lifting treatment for the face, neck, and neckline lifting, performed as part of a massage. It has a rejuvenating, modeling and energizing effect. It restores the skin's radiance and smoothes and firms the skin.

Body Rituals

Purifying And Nourishing Ritual

450 PLN | 60 min

A comprehensive body treatment focused on smoothing, hydrating, and firming the skin. A full-body exfoliation prepares the skin for the active serum with capsicum extract, while the final step using nourishing oil restores comfort and promotes deep relaxation. The ritual is based on Beauty Box by KLP products from the Wonder Shape line.

Anti-cellulite Ritual

650 PLN | 90 min

An intensive, signature treatment designed to sculpt the body and support the skin's metabolic processes. After exfoliation and the application of the active serum with capsicum extract, a body mask is applied to enhance the anti-cellulite effect. The ritual is completed with a nourishing oil treatment, leaving the skin visibly smoother, firmer, and more elastic.

Face Rituals

Lifting Face Ritual

370 PLN | 45 min

A manual lifting treatment

finished with a biocellulose mask. It stimulates circulation, intensively lifts, and reduces swelling. Based on Beauty Box by KLP cosmetics from the Aqua line.

Deep Moisturizing Face Ritual

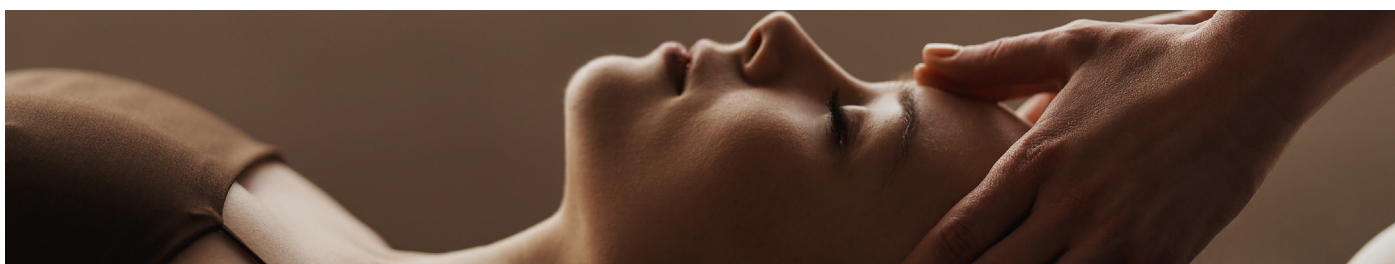
360 PLN | 60 min

Original rejuvenation treatment focused on skin individual needs. Based on Beauty Box by KLP cosmetics from the Aqua line.

Deep Face Lifting Ritual

490 PLN | 60 min

Anti-aging treatment with lifting and anti-wrinkle properties. Based on Beauty Box by KLP cosmetics from the Miracle Cell line.



Face Lifting And Brightening Ritual

590 PLN | 70 min

Luxury, lifting, and anti-aging treatment that makes the skin firm and bright. Based on Beauty Box by KLP cosmetics from the Aqua line. The treatment is finished with the application of SPF 50 cream.

Nourishing Ritual for Mature Skin

550 PLN | 60 min

A super-nourishing, revitalizing, and lifting facial massage. Based on the regenerating effects of the Miracle Snail cosmetic series with snail secretion filtrate and CBD. Based on Beauty Box by KLP cosmetics from the Miracle Snail line.

Rituals for Men

Deeply Moisturizing Facial Ritual

360 PLN | 60 min

Cleansing and revitalising facial treatment with powerful rejuvenating effects. Based on Beauty Box by KLP cosmetics from the Aqua line.

Purifying Ritual with Aromatherapy Elements

500 PLN | 70 min

A body ritual that combines skin cleansing with regeneration. It promotes relaxation, relieves tension, and leaves the skin noticeably smooth and refreshed.

Rituals for Expectant Mothers

Purifying And Nourishing Ritual

450 PLN | 60 min

A comprehensive body treatment focused on smoothing, hydrating, and firming the skin. A full-body exfoliation prepares the skin for the active serum with capsicum extract, while the final step using nourishing oil restores comfort and promotes deep relaxation. The ritual is based on Beauty Box by KLP products from the Wonder Shape line.

Lifting Face Ritual

370 PLN | 45 min

A manual lifting treatment finished with a biocellulose mask. It stimulates circulation, intensively lifts, and reduces swelling. Based on Beauty Box by KLP cosmetics from the Aqua line.

Rituals For Young People

Body Massage For Teenagers

270 PLN | 25 min

Relaxing massage for teenagers.

Ritual for Young Facial Skin

360 PLN | 45 min

A skincare treatment tailored to the needs of young skin. Moisturizes, smooths, and brightens the skin.

Additional treatments

Body Scrub - Single Treatment

250 PLN | 30 min

Body Scrub - Add-On To The Treatment

180 PLN | 30 min

Biocellulose Mask

200 PLN - Suitable For Home Use

180 PLN - Add-On To The Treatment

SPA Bath

100 PLN | 30 min - One Person

150 PLN | 30 min - Two Persons

VIP ROOM

200 PLN

Additional Fee For Treatment In A Double Room.

Treatment with Elements of Foot Reflexology

270 PLN | 25 min



SPA Packages

The Shelter by KLP package

1000 PLN | 120 min

A holistic approach to body and face care. A combination of regional rituals for the face and body.

The Duo Shelter package by KLP

2000 PLN | 120 min

A holistic approach to body and face care. A combination of regional rituals for the face and body for two.

Holistic Massage

A treatment covering the entire body – from head to toe – combining elements of classic massage, kobido to create a harmonious whole. A deeply relaxing massage that restores balance to the body and mind.

Holistic Massage

900 PLN | 120 min

A treatment combining elements of Classic Warm Massage and Kobido Touch Massage.

Holistic Massage

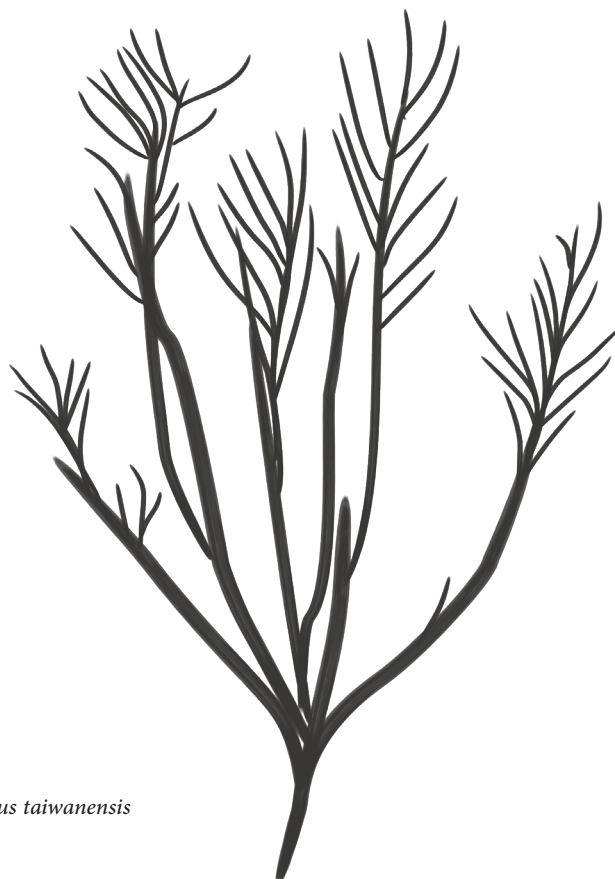
1300 PLN | 150 min

Classic Warm Massage combined with Kobido Touch Massage with a bio-cellulose mask and Foot Reflexology.

Day SPA for Her/for Him

1200 PLN | 3h

A combination of a warm classic massage with scrub and a personalised facial treatment. Body and face care is preceded by a soothing SPA bath.



lac. Pinus taiwanensis

Hi-Tech Technology

Hi Tech cosmetology treatments designed to maintain optimal skin condition – smoothing, firming the skin, eliminating cellulite, reducing stretch marks, and supporting fat loss.

Purifying facial treatment | Geneo

550 PLN | 45 min

A breakthrough technology that combines three skincare effects: exfoliation of the outer layer of the epidermis, absorption of essential revitalizing ingredients, and natural oxygenation. As a result, the skin gains a healthier and more radiant appearance, becomes firmer and deeply moisturized.

Bioesthetic treatment for the face and body | Biolift

800 PLN | 60 min

BioLift Therapy uses DIATHERMY technology - a monopolar radio wave with a frequency of 448 kHz, known for its unique properties of skin firming, fat reduction, and wrinkle smoothing.

Endermomassage using thermal energy | Thermologie

390 PLN | 45 min

Endermomassage using heat energy, vacuum pressure, and LED light with elements of reflexology. It generates intense yet pleasant heat, which causes blood vessels to dilate and triggers a series of related processes such as skin nourishment, detoxification, oxygenation, and improved metabolism.

Skin firming and lifting treatment | Zaffiro

360 PLN | 45 min

A lifting treatment using infrared light, which gradually heats the deep layers of the skin, stimulating the contraction of collagen fibers and the production of new collagen. It improves skin tone and elasticity.

A treatment that supports cellulite reduction | Wonder Shape

from 490 PLN | 1 area

Wonder Shape by La Perla Clinic is an original treatment that reduces cellulite and firms the skin.

Lifting treatment for the face and body | Smartlift

1800 zł - 6900 zł | depending on the area

A lifting treatment for the face and body that doesn't require a scalpel. It's designed to soothe and firm skin that's lost its firmness.

Stimulation of the lymphatic system | Lymphaslym

250 PLN | 40 min

It helps reduce swelling and heavy legs, and supports detoxification of the body.

Body firming treatment, muscle strengthening | JetVibe

385 PLN | 60 min

A treatment that firms the body and strengthens the muscles of the buttocks, abdomen, and thighs using electromagnetic stimulation.

The availability of selected hi-tech devices is seasonal, so we recommend confirming in advance.

For more information, please visit our SPA by Klinika La Perla.

SPA

by

KLINIKA
LA PERLA

You can find the applicable regulations of the La Perla Clinic on our website and at the SPA reception.
Prices are subject to change. Our full offer is available on our website.

The agreed treatment can be canceled without incurring any consequences, including financial ones, no later than 12 (twelve) hours before the agreed date of booking.

www.klinikalaperla.pl
Klinika La Perla: +48 784 066 278